## Dance is a gift to share with all!

#### **MISSION**

The Staff and Dance Educators of Limitless Performing Arts are dedicated and devoted to promoting excellence in our communities through the Arts. As a non-profit organization, it is our mission and goal to provide a safe, fun, and educational environment while engaging in high-quality dance instruction, performance opportunities, and outreach. We encourage self-worth, respect, independence, and cooperation for everyone!

#### **OUR COMMITMENT**

Limitless Performing Arts offers a comprehensive collection of classes that meet the needs of all ages, skill levels, and style preferences.

#### **OUR RESPONSIBILITY**

Limitless Performing Arts is a non-profit c haritable organization that relies on the financial's upport of individuals, corporations, and foundations to achieve its mission to make dance a meaningful experience for all.



#### **STACI I. TURNER**

Artistic/Executive Director

For over thirty years, Staci I. Turn-er has had the pleasure of teaching, counseling, and mentoring youths in artistic, educational, and judi-cial settings. Throughout the years, she has been successful in assisting students in realizing their passions, furthering their education, and finding prominent career paths. She has received countless awards for her commitment and abilities in helping promote positive futures for our youth and continues to do so



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**Office Hours** 

Monday/Wednesday: 5:00-7:30 pm Tuesday/Thursday: 5:00-7:30 pm Saturday: 10:00 am – 5:30 pm Closed Friday and Sunday



**LIMITLESS PERFORMING ARTS** 

# EXCELLING BEYOND EXPECTATIONS



#### **CLASSES**

#### Introduction to Dance

Emphasizes varying techniques and disciplines of dance that promote an awareness of movement and is developed using rhythmical movements along with elements of Ballet, Jazz, Acrobatics, and Tap.

#### **Classical Ballet**

Ballet for beginning to advanced levels using Cecchetti and Vaganova techniques.

#### Pointe (Toe Dance)

A form of Ballet for the advancing student. Entrance into class based on Teacher Recommendation and Invitation ONLY.

#### Jazz

Builds on the skills of Jazz dance with an emphasis on body technique and development, rhythm awareness, and improvement of performance quality.

#### Tap

Rhythmic tap based on techniques of Jean Kelly, Bill "Bojangles" Robinson, The Hines Brothers, and others. Group precision also emphasized.

#### Acrobatics/Tumbling

The art of tumbling, gymnastics, contortions, etc., stressing agility and grace.

#### West African Dance

This class teaches the fundamentals of traditional West African dance with an emphasis on understanding accompanying drum rhythms.

#### **Rhythmic Romp**

Authentic jazz forms and contemporary dance, incorporated with Afro-Caribbean rhythms and modern dance.

#### **Modern Dance**

Modern dance is made up of many different dance techniques (Graham, Horton, Limon, etc.) all of which are designed to develop in the dancer's body a specific way of moving based on that technique's principles.

#### Hip Hop

High-energy class that infuses the lastest styles of street dancing, breaking, popping, and locking.



#### **CLASS LEVELS**

#### **PRE-ACADEMY**

The Pre-Academy Program is designed to instill the love of dance in young performers through technique, musical exercises, teamwork, and play. The Pre-Academy program is for dancers Ages 2-10 and prepares dancers for a strong foundation of dance, movement, and performance through combination classes. Acrobatics, Hip Hop, and Rhythmic Romp are also offered to enhance Dancers skills. No previous training or experience required.

Biddy Babies (Ages 2-3)

Baby Buds (Ages 4-5)

Tiny Treasures (Ages 6-8)

Mini Movers (Ages 8-10)

Shooting Stars (Beginners: 8-12)

Show Stoppers (Ages 9-11)

#### **ACADEMY**

The Academy specializes in training exceptional young dancers for pre-professional and professional opportunities. Techniques studied include Classical Ballet (including Pointe), Jazz, Tap, Modern (emphasis on Dunham, Graham, and Horton techniques), Hip Hop, African, and Acrobatics/ Tumbling. No previous training or experience required.

Prancing Prims (Ages 11-13)

Dazzling Divas (Ages 12-14)

Tenacious Teens (Beginners: Ages 13+)

Leading Ladies (Ages 14+)

#### LPA COLLECTIVE

LPA Collective specializes in training young Dancers to become their exceptional selves. These students are hand selected by the Artistic Director, Staci Turner and are required to take a minimum of four to eight classes weekly, based on their level.

- Extra opportunities to perform
- The camaraderie of a team
- Being held accountable to a higher standard

### LPA COMPETITIVE DANCERS TRAIN IN 3 DIFFERENT LEVELS:

All-Stars (Ages 5-7)

Supreme (Ages 8-11)

Elite (Ages 12+)